

# GYM FLOOR Hours | October to December | 2018

|                  | 7:00 - 10:00 am   | 10:00 - 11:00 am        | 11:00 - 12:00 pm | 12:00 - 1:00 pm | 1:00 - 2:00 pm                   | 2:00 - 3:00 pm   | 3:00 - 4:00 pm   | 4:00 - 5:00 pm             | 5:00 - 6:00 pm         | 6:00 - 7:00 pm             | 7:00 - 8:00 pm             | 8:00 - 9:00 pm                    | 9:00 - 10:00 pm           | 10:00 - 11:00 pm |        |
|------------------|---|-------------------------|------------------|-----------------|----------------------------------|------------------|------------------|----------------------------|------------------------|----------------------------|----------------------------|-----------------------------------|---------------------------|------------------|--------|
| <b>Monday</b>    | Men's Volleyball 8 – 10am   | Kids on Campus          | Open 11am – 1pm  |                 | HLTH 163 1 – 2pm                 | Open Gym 2 – 4pm |                  | Drop-In Volleyball 4 – 6pm |                        | Men's Volleyball 6 – 8pm   |                            | Women's Volleyball 8 – 10pm       |                           | Closed           |        |
| <b>Tuesday</b>   | Mens Vball 7:30 – 8:30am  | UVic 310 8:30 – 11:30am |                  | Open            | Muscle Pump 12 – 1pm             | Open Gym 1 – 4pm |                  | Men's Volleyball 4 – 6pm   |                        | Drop-In Basketball 6 – 8pm |                            | Women's Volleyball 8 – 10pm       |                           | Closed           |        |
| <b>Wednesday</b> | Open  | KNES 152 9 – 11am       |                  | Open 11am – 1pm |                                  | HLTH 163 1 – 2pm | Open Gym 2 – 4pm |                            | Drop-In Soccer 4 – 6pm |                            | Women's Volleyball 6 – 8pm |                                   | Men's Volleyball 8 – 10pm |                  | Closed |
| <b>Thursday</b>  | Open  | KNES 152 9 – 11am       |                  | Open            | Yoga 12 – 1pm                    | Open Gym 1 – 4pm |                  | Men's Volleyball 4 – 6pm   |                        | Women's Volleyball 6 – 8pm |                            | Cranbrook Badminton Club 8 – 10pm |                           | Closed           |        |
| <b>Friday</b>    | Open 8:00 am – 5:00 pm<br><i>*Gym floor closes at 12pm on game days</i> |                         |                  |                 |                                  |                  |                  |                            | Closed                 |                            |                            |                                   |                           |                  |        |
| <b>Saturday</b>  | Closed  |                         |                  |                 |                                  |                  |                  |                            |                        |                            |                            |                                   |                           |                  |        |
| <b>Sunday</b>    | Closed  |                         |                  |                 | Cranbrook Badminton Club 1 – 4pm |                  |                  |                            | Closed                 |                            |                            |                                   |                           |                  |        |

### Gymnasium Rates

#### Cost

Registered Students.....FREE  
 Drop-in Gym/Fitness Room.....\$5  
 Non-students Gym/Fitness Room.....\$55 + \$5 (card set-up fee)  
*Sept – Dec 2018*

### Special Event Information

On Occasion the above schedule will be changed to accommodate special events.  
**Advanced notice will be given for all facility closures.**

**\*\*\*CLEAN INDOOR shoes must be used when participating in gymnasium activities.\*\*\***