

CAMPUS HEALTH AND WELLBEING FRAMEWORK



VISION: As a health-promoting college, we envision a campus environment that promotes health and wellbeing, and a campus community that contributes to the well-being of people, places and the planet.

PROMISING PRACTICE THEMES

- INSTITUTIONAL LEADERSHIP
- EQUITY, DIVERSITY AND INCLUSION
- MOBILIZING LOCAL COMMUNITY
- SHARED RESPONSIBILITY AND COLLABORATION
- ACCESS
- EVIDENCE-INFORMED PRACTICE



Physical Environment

- Built Environment
- Transportation
- Natural Environment
- Food Systems
- Housing



Social Environment

- Services
- Recreation
- Arts and Culture
- Information and Communication



Learning Environment

- Social Engagement
- Engaged Learning
- Instructor Approach
- Personal Supports



Working Environment

- Physical Environment
- Psychological Environment
- Personal Health Resources
- Organizational Community Involvement

LONG TERM OUTCOMES

- Improved health and wellbeing for students and employees
- Improved health and wellbeing for the wider community

OUTCOMES

- ↑ Accessibility of built/natural environments
- ↑ Use of active transportation
- ↑ Use of social procurements
- ↑ Food security/culturally appropriate food
- ↑ Safe/affordable housing
- ↑ Accessibility of health, counselling and navigation services
- ↑ Service provider partnerships
- ↑ Interdepartmental connection/collaboration
- ↑ Community awareness
- ↑ Online engagement/sense of community
- ↑ Equity in education outcomes
- ↑ Classroom culture of wellbeing
- ↑ Instructor capacity to support health and wellbeing
- ↑ Student knowledge/skills re: self-care and supporting others
- ↑ Investment in workspaces/tools
- ↑ Investment in professional development
- ↑ Diversity in recruitment
- ↑ Supports for health and wellbeing literacy

