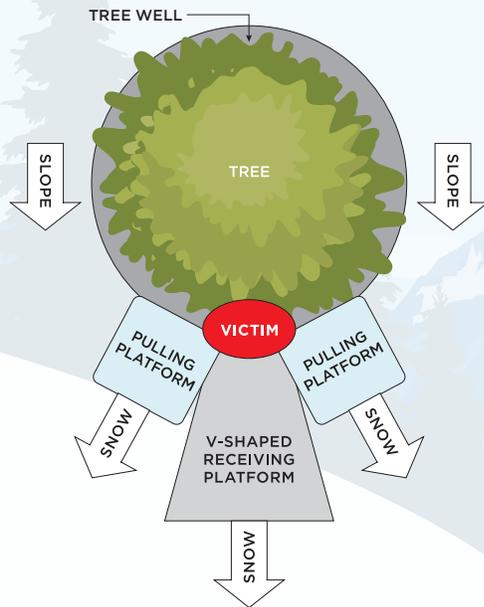


TREE WELL RESCUE BEST PRACTICES

T-RESCUE METHOD

A T-rescue system, which involves a combination of digging, platform preparation, and pulling, has been found to be the most effective rescue method.



1. Ensure victim's airway is clear of snow or debris.
2. If victim is conscious, assure them and tell them to remain still and calm.
3. Dig a receiving platform about 1-2 metres downhill of victim. Platform should be as flat as possible and large enough for rescuers to perform first aid to victim.
4. Dig smaller pulling platforms on either side of victim for rescuers to gain access. Make platforms as flat as possible and about an arm-span width (1-2 metres).
5. Remove ski or snowboard equipment from victim, if safe to do so.
6. Grasp the bottom hem of victim's jacket and carefully pull victim onto receiving platform.
7. Assess the victim's condition and apply first aid as required.

TIPS:

- A minimum of three rescuers is ideal.
- Rotate rescuers to avoid fatigue, but leave shovels in position as rescuers rotate.
- An avalanche rescue shovel in hoe mode is recommended for efficiency and ergonomics.
- Wait until the receiving platform is just below the victim's waist before attempting to pull victim out of tree well.

AN ORGANIZED RESCUE EFFORT IS KEY!



TREE WELL →

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