

# Weight Room Schedule

January - April 2024

	8am-9am	9am-10am	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	2pm-3pm	3pm-4pm	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-9pm	9pm-10pm
MONDAY	Open (8:00am-10:00pm)													
TUESDAY	Open (8:00am-12:30pm)				KNES 110 - Weight Room Closed (12:30pm-4:30pm)					Open (4:30pm-10:00pm)				
WEDNESDAY	Open (8:00am-10:00pm)													
THURSDAY	Open (8:00am-10:00pm)													
FRIDAY	Open (8:00am-4:00pm)								Weight Room Closed					
SATURDAY	Weight Room Closed													
SUNDAY	Weight Room Closed													

## GYMNASIUM RATES

Registered COTR Student..... Free  
 Drop-in (Non-Students)..... \$10.00  
 Semester  
 Drop-in \$75.00

## SPECIAL EVENT INFORMATION

The above schedule is subject to change for special events.

Advanced notice will be given for all facility closures or changes to the daily schedule.

*Clean, indoor shoes MUST be used while using the Gym and Weight Room*